

Packages

#### **FULL DAY** £175

Robe and towel provided. Full use of facilities 10am-4pm, with a 50 minute treatment or two 25 minute treatments of your choice (please see treatment list). Includes afternoon tea or sharing platter and use of the refreshment counter.

#### £89 HALF DAY

Robe and towel provided. Full use of facilities for 4 hours. Includes afternoon tea or sharing platter and use of the refreshment counter.

Add a 25 minute treatment for an additional £20 (£109 total) Add a 50 minute treatment for an additional £51 (£140 total)

### TWILIGHT Available Thursdays and Fridays\*

£79

Robe and towel provided. Full use of facilities between 5-8pm. Choice of 25 minute treatment (please see treatment list). Includes use of the refreshment counter.

Upgrade to a 50 minute treatment for an additional £51 (£108 in total) Add a sharing platter for £23.50 for two guests

\*Date subject to availability. Fridays between 4.30pm-7.30pm.

With every Spa Package receive 10% off in-spa Elemis products and upgrade your treatment to add Hot Stones, for an additional £5. (Sept-May only).

# **EXCLUSIVE HIRE** For groups of 8-15

FROM £89PP

We offer exclusive use for celebrations like birthdays and hen parties. Package includes spa use, treatments, afternoon tea/ sharing boards and a complimentary glass of Prosecco. For more information, please get in touch.

Soothe the soul and relax the mind at Foxhills Spa. A boutique day spa specialising in body and beauty treatments, delivered with care by our highly skilled and friendly spa therapists. Set within the grounds of Old Down Estate, Foxhills Spa features a tranquil landscaped garden with outdoor hot tub, indoor swimming pool, relaxation and treatment rooms.

£45

£45

£76

£150

£59

£85



# FOXHILLS BODY TREATMENTS

Foxhills Bespoke Back or Full Body Massage	£45/76
25 /50 minutes	

De-stress and re-energise with a massage tailored to you.

#### Foxhills Hot Stone Back or Full Body Massage £49/87 25 /50 minutes

Using the heat of volcanic basalt stones, this treatment reaches deep into tired muscles, providing warm relief and relaxation. Sept-May only.

## Foxhills Tranquil Scalp Massage 25 minutes A scalp, neck and shoulder massage that increases blood flow, circulation and relieves stress.

Elemis Intensely Cleansing Salt Scrub 25 minutes A deep cleansing salt scrub to encourage cell

regeneration for soft, smooth and nourished skin. **Elemis Couture Touch** 50 minutes Back, neck and shoulder massage with an express

Foxhills Paradise Escape 120 minutes Body exfoliation for soft and smooth skin. Full body massage with nourishing body oils. Followed by a facial

cleanse, exfoliation and scalp massage.

Elemis facial.

Foxhills Indian Head Massage 25 minutes Releases tension in the muscles and joints - focussing £45 on the upper back, shoulders, head, face and neck area.

Foxhills Reflexology Massage 45 minutes Acupressure foot massage that corresponds with organs in the body, promoting body relaxation.

Foxhills Nourishing Body Wrap 60 minutes Full body exfoliation with hydrating body mask. Followed by a face and scalp massage. Revitalises and refreshes skin.

### **ELEMIS FACIALS**

Discover award winning, professional and luxurious British skincare with Elemis Facials.

sensitive, oily, dry, ageing and more.

£76 Elemis Facial 50 minutes Tailored to your skins needs, using high quality skincare products and techniques. Suitable for all skin types like

£45 Elemis Express Facial 25 minutes An express facial. Tailored to your skins needs.

# PREGNANCY TREATMENTS For 12 weeks and over

Peaceful Pregnancy Massage 75 minutes £90 A gentle, nurturing specially formulated full-body massage, for mothers-to-be. Finished with a facial cleanse and calming head massage.

Pre/Post Pregnancy Back or Full Body Massage £45/£76 25/50 minutes

A tailor made, nurturing massage to suit you at any stage in your pregnancy journey. Using aromatherapy oils designed for pregnancy and breast feeding.







\*Requires a patch test at least 48hrs prior to treatment

#### **LASHES & BROWS**

Foxhills Lash Lift & Tint*	£39
Foxhills Eyelash or Eyebrow Tint*	£11
Eyebrow Wax & Tint*	£17
Eyebrow Lamination* To give your eyebrows a fuller, more even look	£35

# WAXING

Half Leg or Full Leg	£16/27
Underarm	£11
Bikini or Extended Bikini	£14/18
Lip, Chin or Eyebrows	<b>£</b> 7
Lip, Chin & Eyebrows	<b>£20</b>

### **MANICURE & PEDICURE**

Gel Shape & Polish	£30
Foxhills Manicure or Pedicure Polish or Gel	£39
Foxhills Deluxe Pedicure Polish or Gel	£45
Gel or BIAB Removal	£1°
BIAB Manicure	£40



# **BOOKING INFORMATION**

Contact us today and speak with a spa therapist for more information and booking.

Open Mon-Sat: 10am-5pm (Twilight Thursdays: 4pm-8pm)

Email: foxhillsspa@olddownestate.co.uk Telephone: **07917920327** 

# www.olddownestate.co.uk/foxhills-spa

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